In the provided conversation transcript, the following instances of communication breakdown between the patient (Speaker 2) and Alexa (Speaker 3) can be identified:  
  
1. \*\*Instance 1:\*\*  
 - \*\*Context:\*\* Speaker 2 asks Alexa about the traffic on the 405 freeway.  
 - \*\*Breakdown:\*\* Alexa responds with "Hmm, sorry I couldn't help try asking again."  
 - \*\*Category:\*\* @Alexa error  
 - \*\*Reason:\*\* The verbal command from the client was clear, but Alexa did not respond appropriately, possibly due to a speech recognition error or lack of information.  
  
2. \*\*Instance 2:\*\*  
 - \*\*Context:\*\* Speaker 2 asks Alexa about the traffic on the 405 freeway again.  
 - \*\*Breakdown:\*\* Alexa responds with "Hmm, sorry I couldn't help try asking again."  
 - \*\*Category:\*\* @Alexa error  
 - \*\*Reason:\*\* The verbal command from the client was clear, but Alexa did not respond appropriately, possibly due to a speech recognition error or lack of information.  
  
These are the instances where communication breakdowns occurred between the patient and Alexa, fitting the categories provided.